

Listening Jump

for Better Speaking

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Transcripts

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UNIT 01

Places

WARM-UP C

1 🎧 Track 1 ⌚ 00:51

W Wow, this bus is so crowded! There are so many people in this city.

M I like the hustle and bustle. It's exciting.

W Sometimes it is, but other days it's just annoying.

2 🎧 Track 2 ⌚ 00:17

M I don't feel close to my wife lately.

W You need more intimacy. Take your wife out on a date.

M That's a great idea! We can go out Friday night.

BUILD-UP A

🎧 Track 3 ⌚ 02:38

M Are you OK? You seem down.

W I'm OK. I just feel out of place here. This city is so huge!

M Really? Where did you grow up?

W Well, I'm a country girl. I grew up in a tight-knit small town.

M I know. I felt the same way when I first came here.

W Where are you from?

M I grew up in the suburbs. It was close to a big city, but it felt like a small town.

W How do you deal with all this hustle and bustle?

M Basically, I try to blend in and not worry too much about it.

W Thanks. That's good advice.

BUILD-UP B

1 Where did the woman grow up?

- (A) In the country
- (B) In the suburbs
- (C) In a big city

(D) On a farm

2 Where is the man from?

- (A) A small town
- (B) A large city
- (C) The suburbs
- (D) The East Coast

3 What advice does the man give the woman?

- (A) To move away
- (B) To blend in
- (C) To stop crying
- (D) To get help

LISTENING TASKS A

🎧 Track 4 ⌚ 01:05

W I like how you've decorated the place.

M Thanks. My wife chose the colors.

W She has good taste. The warm colors make the living room feel comfortable.

M Yeah, and we painted the bedroom a relaxing color of blue.

W I like the way you've arranged the furniture.

M We bought most of it used. You can get fantastic deals online!

W You sure can! We bought a \$3,000 sofa last year for only \$500.

M Exactly. It took us some time, but we found a lot of great deals.

W Can I see the kitchen?

M Of course, it's just down the hall.

LISTENING TASKS B

🎧 Track 5 ⌚ 01:11

W The way a room is painted can affect our moods, thoughts, and energy levels. Scientists have studied how people react to colors, and home decorators have used that information. Light colors make rooms seem brighter. Dark colors increase the sense of intimacy. Red raises energy levels and makes people want to talk. Yellow makes people feel happier. Blue is relaxing and

encourages rest. Colors affect people in many ways. People make their homes beautiful by choosing colors that reflect their personalities. The next time you feel like you want a change, why not try painting your house?

ACTUAL LISTENING 1

 Track 6  01:17

W The place where you grow up affects your personality. This is because the places we live in make us do things in a certain way. People from a small town with a tight-knit community value intimacy. They are used to knowing a lot about their friends and neighbors. People from large cities are used to interacting with strangers. They enjoy the hustle and bustle of city life. They have large groups of friends, but might not know them very well. They are usually open to new ideas, whereas people from small towns are often more traditional. People who grow up in the suburbs have some of both qualities. They value small-town intimacy, yet are comfortable with the fast pace of big-city life.

ACTUAL LISTENING 2

 Track 7  00:59

- M** Can I help you?
- W** Yes. We're redecorating our living room, and I'm trying to choose a good paint color.
- M** Orange is a popular choice.
- W** Orange? Really? That seems like a strange color to paint a room.
- M** Well, orange is a warm color. It helps guests feel comfortable.
- W** That's interesting. However, I don't really like orange.
- M** What do you think about red?
- W** A red room? No way. What about brown?
- M** Painting rooms brown isn't popular these days.
- W** I don't care about what's popular. I want to feel comfortable.

- M** Well, if you paint the room a light tan, it will make it seem larger.
- W** Hmm . . . can you show me some color samples?

ACTUAL LISTENING 3

 Track 8  00:40

- M** There is a difference between living in a place and being part of the community. When you develop intimacy with your neighbors, you become part of the place. That's why I like the suburbs. I also like recognizing the people I shop with. I love the sense of community. Although I love to visit the city, it makes me feel uncomfortable. I like to see green grass and trees in between buildings.

ACTUAL LISTENING 4

 Track 9  00:54

- M** It's so quiet here.
- W** I know. Isn't it beautiful?
- M** Are you serious? I don't want to hang around here. Let's go.
- W** Why don't we go to the top of the hill?
- M** Do I have to? Let's go back home and watch a movie.
- W** Relax. Listen to the birds. Look for animals. Nature is fun to watch.
- M** I would prefer to interact with people.
- W** You can interact with me. In fact, let me quiz you on some of the trees you can see.
- M** I don't know anything about trees.
- W** Then let me teach you. For example, over there, you can see three different kinds of oak trees.

ACTUAL LISTENING 5

 Track 10  00:55

- W** My room is my favorite place in my house. It's a great place to rest. Its light-blue walls are so relaxing. There is nothing in there that will stress me out, like a telephone, computer, or desk. My friends say the way

my room looks really captures my personality. My room has lots of fun stuff in it—a big comfortable chair, a CD player, and an entertainment center with a big-screen TV. I have a game console, so I can play video games or watch movies. It's almost impossible not to have a good time in my room.

UNIT 02 Health

WARM-UP C

1 Track 11 00:34

- M** I'm exercising a lot, but I'm not losing weight.
- W** I've read that you have to exercise and watch what you eat.
- M** That must be true. Jogging alone isn't making my waistline smaller.

2 Track 12 00:17

- W** Have you seen the cost of health insurance these days? It's sky high.
- M** I know. That's why I can't afford it.
- W** We need to get jobs at companies that provide it.

BUILD-UP A

Track 13 02:16

- B** Barbara, what are you going to do after you graduate?
- G** I plan to go to nursing school.
- B** Are you qualified to enter nursing school?
- G** Of course. My grades are very good.
- B** You should have no problem getting into a good school.
- G** How about your grades?
- B** Oh, they're great. I'm going to one of the top schools in the country.

- G** Oh, really? What are you going to study?
- B** I'm going to be a doctor.

BUILD-UP B

- 1 What does the girl want to be?
(A) A nurse
(B) A doctor
(C) A teacher
(D) A pilot
- 2 What do the girl's good grades mean?
(A) She is not qualified for nursing school.
(B) She is qualified for nursing school.
(C) She can go to a top school.
(D) She will not have to pay for her school.
- 3 What is the boy going to study?
(A) Literature
(B) Nursing
(C) Architecture
(D) Medicine

LISTENING TASKS A

Track 14 00:57

- M1** Why is the bar bumpy like this?
- M2** That's so you can hold it better. It would be too slippery without the bumps.
- M1** Are you sure that lifting weights is good for you?
- M2** I'm certain of it. I have been doing it for years.
- M1** What size of weights should I start with?
- M2** It's up to you, but I'd try 40 kilograms to start. Be very careful when you lift it up.
- M1** Why is that?
- M2** If these weights fall on you, it could be fatal.

LISTENING TASKS B

Track 15 01:04

- M** Welcome to Camp Waller. We hope that during

the next few weeks, you will learn lifestyle habits that will make you stronger and healthier. We have an excellent program here that trains you to eat healthily and exercise properly. It is not easy, and once in a while, you may doubt your ability to survive all three weeks of the camp. Don't worry, though. We believe that you can all overcome the hardship and improve. Now, let me double check to make sure that you all have the daily planner for your stay here.

ACTUAL LISTENING 1

 Track 16  00:57

- W** I told John to not give up. If he really wanted to stop eating so much junk food, he could do it.
- M** What did he say to that?
- W** The only answer he could come up with was, "It's too hard."
- M** But doesn't he understand it's for his own good?
- W** Yes, he understands. But he expects everything in life to be easy.
- M** Then it's probably time that he wakes up and smells the coffee. There's never a short cut to success.
- W** We both know that, but John's stubborn. He's always looking for the path of least resistance.

ACTUAL LISTENING 2

 Track 17  00:53

- W** Mark, what is wrong with you? You look terrible!
- M** I feel terrible. I have a bad headache and a fever. I keep having coughing fits, too.
- W** Does your body ache?
- M** Yes, all over.
- W** Well, then you must have influenza. Did you get a flu shot this year?
- M** That's just it. I did get a flu shot, but it didn't stop me from getting sick.
- W** Why don't you go home, then? If you stay

here, you will just make other people sick, too.

- M** I would go home, but I have already taken five sick days this year. I don't think I can take another one.

ACTUAL LISTENING 3

 Track 18  00:54

- W** This may sound crazy, but coconut oil is great for your skin. I have dry skin on my face. I also get bumpy rashes when I eat certain foods. Over the years, I've tried all sorts of lotions and skin creams. Nothing really worked well. Then I found some information online about coconut oil. I decided to give it a try. It helped my dry skin almost immediately! I have been using coconut oil every night on my face for a month. Now my skin is soft and smooth. You have to try it!

ACTUAL LISTENING 4

 Track 19  00:56

- M** In March 1918, a person in Kansas became sick with a new type of influenza. It was called the Spanish Flu. This was the beginning of one of the worst flu seasons ever recorded. The Spanish Flu was easily passed from one person to another. It was also often fatal to those who got the disease. No one knows exactly how many people died, but estimates go as high as 100 million. The largest number of deaths was in India, where 17 million people, or 5 percent of the population, died. The US lost more than half a million, while France lost 400,000.

ACTUAL LISTENING 5

 Track 20  00:54

- W** We are almost out of time, so let me quickly review what we have discussed today. When a person's heart stops beating, the person has only a few minutes before his or her brain is damaged forever. It is extremely

important that you start working on getting the person's heart beating again. Push repeatedly on the ribs above the person's heart with your hands to get the heart pumping. Keep doing that until professional help arrives. Don't forget to double check to make sure that the person's throat is not blocked.

UNIT
03

Food

WARM-UP C

1 Track 21 00:33

M Bugs are eating our staple crops! What can we do?

W We should spray the crops with chemicals.

M I guess we have to. The bugs will destroy everything if we don't.

2 Track 22 00:19

W My diet isn't working. I'm not losing weight.

M A high-protein diet isn't enough. You have to watch your caloric intake.

W I guess that means I should only eat half of this steak.

BUILD-UP A

Track 23 02:49

M Wow! That was delicious.

W It really was. That's one of the best meals I've had in a long time.

M I'm so full, but I still want to try a dessert.

W I hear they're really good here.

M Look at this one. It's a slice of apple pie with vanilla ice cream.

W I'd rather have the cheesecake.

M Mmm, good choice. But look at how big it is. I don't think I could finish a slice by myself.

W I probably couldn't, either. And I don't want to waste food.

M We could order one slice and share it.

W Good idea. Ask the waiter to bring two forks.

BUILD-UP B

1 What have the man and the woman already eaten?

(A) Cheesecake

(B) Dessert

(C) The meal

(D) Nothing

2 Who wants to eat cheesecake?

(A) Only the man

(B) Only the woman

(C) Both the man and the woman

(D) Neither the man nor the woman

3 What will the man and the woman ask for?

(A) A smaller slice

(B) A larger slice

(C) Apple pie and cheesecake

(D) Extra forks

LISTENING TASKS A

Track 24 01:03

W I'm looking for some really good steaks.

M How about these? They're very lean and tender.

W They look great. How long should I cook them?

M It depends on how you like your steak, but I would recommend medium rare. Cook them for about 15 minutes and make sure they are still pink inside.

W OK. I'll take five of those.

M All right. Is there anything else I can get for you today?

W I bought some pork from you last time, and it was really good.

- M Would you like some pork as well?
W Yes, please give me a pound of pork, too.

LISTENING TASKS B

🎧 Track 25 ⌚ 00:55

- M Some experts think exercising and eating a high-protein diet is the best way to lose weight. Other experts suggest that exercise and a non-fat, vegetables-only program is the most effective weight-loss method. You can follow whichever diet you prefer and probably get the same results. That's because each diet decreases the amount of food you eat, reducing your overall caloric intake. With regular exercise, as long as you eat less, you'll lose weight.

ACTUAL LISTENING 1

🎧 Track 26 ⌚ 01:10

- W Every region has staple crops, which are readily available plants that supply most of the region's food. Africa has wheat and yams, Asia has rice and soybeans, and Central America has corn and potatoes. Problems can arise, however, when populations rely too heavily on any one staple crop. One problem is that if a staple crop should fail, the entire region could undergo a food shortage. This happened in Ireland when the country's staple crop, the potato, stopped growing due to a plant disease in the 1840s. As a result, a million people died, and millions more were forced to leave their homes in search of food.

ACTUAL LISTENING 2

🎧 Track 27 ⌚ 00:49

- M Good morning. How can I help you?
W A medium coffee.
M With milk?
W Yes, please.
M Would you like anything to eat with that?
W I don't know. I only have \$5. How much is

the coffee?

- M It is \$2.
W How much are the muffins and donuts?
M The muffins cost \$1 each, and the donuts are 50 cents.
W Oh, good, I can bring treats for my friends at work. I'll take a donut and a muffin, too.
M I can heat up that muffin for you, if you'd like.
W No, thank you. We have a microwave at the office. I'll heat it there.

ACTUAL LISTENING 3

🎧 Track 28 ⌚ 00:50

- M Health experts don't agree if organic foods are better than foods conventionally grown with chemicals. There are many reasons why some people believe "eating organic" is a good idea. Organic farming is cleaner since it doesn't pollute the soil and water. Another reason why people might prefer to eat organic foods is because they are usually helping local farmers. There are not many large, organic farms. Most of the organic food you see in the grocery store was grown nearby. Finally, in taste tests, organic foods often taste better.

ACTUAL LISTENING 4

🎧 Track 29 ⌚ 00:53

- M Well, it looks like Mr. Cross's recipe won.
W Yeah, but it was very close.
M It sure was. I thought Mrs. White was going to win.
W Why's that?
M Everything was in her favor. Her recipe served more people, and it even took less time to make.
W I saw that it didn't cost as much, either.
M I guess the main thing was that it just didn't taste as good as Mr. Cross's.
W Yeah. You could tell that the judges really liked Mr. Cross's recipe more.

- M I guess paying for better ingredients and cooking slowly are really worth it.
- W My mom always says, “Good food takes time.”

ACTUAL LISTENING 5

 Track 30  01:03

- W A rich woman kept chocolates in her bedroom. Of course, they were the best chocolates. She never shared them because she was greedy. She told her servant, “These chocolates have poison in them. If you eat one, you will die.” However, the servant knew it was a lie. One afternoon, the servant ate one of the chocolates. It was so delicious, she ate all of them. Then, she broke the rich woman’s favorite vase, went to her own room, and lay down on her bed. When the rich woman came to her, the servant said, “Ma’am, I broke your favorite vase. I was so upset that I ate all of your chocolates, and now I am waiting for my death.”

Review 1

Dialog


 Track 31  02:09

- M Would you like to go out to supper with me?
- W I would love to go to supper with you. But I am attempting to eat healthier and decrease my caloric intake. If it’s OK, I would prefer it if we to go to a restaurant that offers high-protein, organic food.
- M I’m so pleased that you will go to supper with me. I think I know the perfect place. The lead chef is an expert in organic foods and healthy cooking. He has good taste in furnishings, too. The restaurant has a lovely feeling of quiet intimacy.
- W The restaurant sounds perfectly wonderful! Shall we go Friday at 7:00 p.m.? Will that

work for you?

- M I will have to call the restaurant and double check to see if they have a table. It’s quite trendy and popular. If the restaurant is too busy that night, do you want me to choose another place?
- W It’s up to you! I am sure you will be able to find another excellent restaurant. I trust you completely, and I am looking forward to Friday night!
- M I am looking forward to it, too. See you later this week!

Descriptive English

 Track 32  01:22

- W I just purchased a new apartment. Would you like to see some photos of it?
- M Sure. Wow, look at the trees!
- W Yes, living in the suburbs is much greener. I was fed up with the hustle and bustle of city living. Here is a picture of my front room.
- M You really have good taste in furnishings. And the designs on the wall are very unique.
- W Well, I can thank my decorators for that. They wanted to come up with something special. Instead of putting a TV in the room, they decided to create some original art work. It blends into the darker color scheme and is relaxing to look at.
- M Right. And the curtains and carpet create a very warm mood, too.
- W Yes, I didn’t want one of those wooden floors. They can be very cold and slippery when wet.
- M Yeah, if you slip on a wet floor, it can be fatal! I must come and visit your new place.
- W You’ll be welcome.

Statistical Information

 Track 33  01:37

- M You seem down. Is there anything wrong?
- W I’m feeling very tired. I had influenza last



month and have spent a lot of time indoors. Not being able to interact with people for such a long time really affected my mood.

- M That's terrible. The flu can be fatal. I heard around 40,000 Americans die each year from influenza.
- W Yeah, that's right. I did some research on the Internet, and do you know that in Africa, the number of deaths from flu is about five times higher than in the US? In the whole world, at least half a million people die from it each year.
- M Wow! I wonder how they come up with those statistics. And did you see a doctor?
- W I did. However, my regular doctor was on vacation, so I saw someone else. He had just graduated from nursing school, so I'm not sure if he was really qualified. Anyway, he said it was just a cold and sent me home with no medicine. One week later, I was in hospital. They double checked my symptoms, and they said I had the flu.
- M Oh, dear, that sounds terrible. You were lucky you didn't die.
- W Yes, I was.

UNIT 04 Nature

WARM-UP C

1  Track 34  00:34

- W Those baby birds sure depend on their mother for a lot.
- M They just sit in the nest with their beaks open. Their poor mother!
- W I know! And they're almost fully grown! They should leave the nest.
- 2  Track 35  00:17
- M Wow! Look at all of the blossoms on that tree!
- W That's strange. I've never seen peach blossoms so dark.

- M Are you sure it's a peach tree? Maybe it's something else.

BUILD-UP A

 Track 36  02:40

- M I'm bored. Let's go for a walk.
- W OK. Let's go to Central Park. It's the biggest park in New York City!
- M What kind of activities can we do there?
- W You can rent a rowboat, go bird watching, rock climbing, biking, or just walk along the paths.
- M I knew I could count on you for fun ideas!
- W Oh, and there are also fountains and playgrounds. There are a lot of things to see and do!
- M Why don't we go for a bike ride through the park?
- W That sounds fun, but we don't have bikes here.
- M That's OK. We can rent bikes.
- W Great! Let's do some exploring!

BUILD-UP B

- 1 What activity does the woman NOT mention doing?
(A) Walking
(B) Boating
(C) Rock climbing
(D) Jogging
- 2 What can the man count on the woman for?
(A) Fun ideas
(B) Money
(C) Being careful
(D) Renting bikes
- 3 What will the man and the woman do next?
(A) Go for a walk
(B) Go rock climbing
(C) Rent bikes
(D) Rent a rowboat

LISTENING TASKS A

🎧 Track 37 ⌚ 01:10

- W Wow, that's a beautiful card! What kind of flowers are those on it?
- M They are cherry blossoms. My sister sent me this card from South Korea.
- W So, cherry trees are from South Korea?
- M Well, cherry trees are certainly found in Korea. But there are also cherry trees in Japan, China, and other parts of the world.
- W Are the blossoms always pink?
- M No, I have seen a few colors at cherry blossom festivals.
- W There are festivals just for cherry blossoms?
- M Sure. Some cities have them every year.
- W I wish I had a cherry tree in my backyard.
- M I think you need to move out of the city for that to happen!

LISTENING TASKS B

🎧 Track 38 ⌚ 00:57

- M What do you know about the Big Bang?
- W The Big Bang was when something exploded and started the universe, right?
- M That's right. Do you know when it happened?
- W A long time ago. I don't know when exactly.
- M It was about 13.7 billion years ago.
- W That's a really long time ago. How old is Earth?
- M It's about 4.5 billion years old.
- W Huh. That's interesting. So our planet has been around for a long time.
- M Right. And it will be around for another 5 billion years.

ACTUAL LISTENING 1

🎧 Track 39 ⌚ 01:07

- M Jellyfish are small animals found in the sea. They have a soft body with lots of tentacles that hang down. Jellyfish use their tentacles to catch food. You are probably familiar with

the small jellyfish that are common all over the planet. However, did you know that there is also a giant jellyfish, too big to fit in a fisherman's net? These jellyfish can weigh more than 200 kilograms! An adult giant jellyfish can be two meters long, which is larger than most adult men! They are found in the ocean between China and Japan. A baby giant jellyfish is the size of a grain of rice, but it grows up fast.

ACTUAL LISTENING 2

🎧 Track 40 ⌚ 00:49

- W Bees are more important than people might think. Bees make it possible for plants to create the fruits and nuts that we eat. They do this by carrying pollen from one plant or flower to the next. Millions of bees help farmers grow food and do a lot of important work for the food crops to grow. Plants also depend on bats and birds to help them grow. These animals also carry seeds to new places. The seeds then grow to become new plants.

ACTUAL LISTENING 3

🎧 Track 41 ⌚ 00:59

- M Most people do not realize that simple things can help protect our planet. Remember to turn off the water while brushing your teeth. Also, take showers instead of baths, but be quick! A shower longer than five minutes uses more water than filling a tub. Also, if you want to write someone a letter, why not write them an email or send them an e-card? This saves paper. Furthermore, bring your own bags to the supermarket. Plastic bags are not good for the environment. Every year, plastic bags end up in lakes and in the ocean where they affect the lives of all kinds of animals.

ACTUAL LISTENING 4

🎧 Track 42 ⌚ 00:49

W Charles Darwin was the first person to explain how evolution works. Darwin discovered that species change depending on their environment. For example, a bird with a sharper beak may have a better chance of surviving in a particular environment than a bird with a different kind of beak. This bird would then pass on this trait to the next generation of birds. This idea is known as the theory of evolution. This shows how all living things have changed to survive in their environments.

ACTUAL LISTENING 5

🎧 Track 43 ⌚ 00:59

W Eww! That is the biggest snake I have ever seen!
M Sit down and watch this show with me. It's about anacondas!
W I don't want to learn about huge snakes. Wow, that one is as big as a man!
M That is a green anaconda. It is the largest snake in the world!
W Whoa . . . look at it move. That's really scary!
M Yeah. They can grow to reach nine meters long and weigh more than 220 kilograms.
W That is huge! It must eat really big meals.
M It can eat a whole crocodile!
W Well, I never want to see a green anaconda as long as I live.
M I do! We should go to the zoo this weekend.

UNIT 05 Fashion

WARM-UP C

1 🎧 Track 44 ⌚ 00:33

M This magazine says that tight jeans are a new fashion trend.

W How old is that magazine? I'm sure that tight jeans are outdated now.
M It's from last year.

2 🎧 Track 45 ⌚ 00:21

W I should update my wardrobe. Let's find some mix-and-match clothes.
M Try dressing in complementary colors like purple and yellow.
W Good idea! I'll get lots of attention in those colors!

BUILD-UP A

🎧 Track 46 ⌚ 02:59

W I have nothing to wear!
M What are you talking about? Your closet is full of clothes.
W I'm tired of my wardrobe. Everything is outdated.
M Look at this white dress. Why don't you wear it?
W White was popular last year. Purple is this year's color. And the hem is too long. Short hems are in fashion now.
M My sister has a sewing machine. Let's ask her to shorten the hem. Then your dress will be the right length.
W That's not a bad idea, but I still don't want to wear a white dress.
M Why don't you dye it purple?
W What if I make a mistake and it looks awful?

BUILD-UP B

1 What complaint does the woman have?
(A) She has a white dress.
(B) She has no clothes to wear.
(C) She does not have a sewing machine.
(D) She does not like dresses.

2 What is wrong with the hem of the dress?
(A) It is too long.
(B) It is too short.

- (C) It is too white.
- (D) It is distracting.

- 3 What does the man suggest doing about the color of the dress?
- (A) Mix-and-match it
 - (B) Change it
 - (C) Ignore it
 - (D) Swap it

LISTENING TASKS A

 Track 47  01:24

- G Mom, can I borrow a sweater? I forgot my jacket at school.
- W There's probably something in my closet you can wear. Help yourself.
- G Hmm . . . you sure don't have any colorful clothes! I only see black, brown, and gray in here.
- W I like neutral colors more than bright colors.
- G Don't you like red or green?
- W Not really. I don't like to stand out. And when other people wear bright colors, I find it distracting.
- G How about blue? That's not too bright. You know, blue would really bring out the color of your eyes.
- W Do you think so?
- G Next time you go shopping, let me know. I'll help you add some color to your wardrobe.

LISTENING TASKS B

 Track 48  01:11

- M It's easy to buy a new wardrobe every season if you can afford it. But what if you don't have much money to spend? If you buy a few basics, you can stay in style while saving money! First, wait to buy basics such as T-shirts, jeans, and shoes until they go on sale. Next, buy clothes in complementary colors. This will give you a mix-and-match wardrobe. That means that any combination will look good. Finally, make sure that you

own a few pieces in neutral colors such as black, gray, or tan. These pieces will be sure to match anything else you wear.

ACTUAL LISTENING 1

 Track 49  01:15

- W Every year, you hear about a "new" style or fashion trend. But many trends have been around for a long time. However, a certain trend may look a little different than the last time it was in style. But if you look carefully, you'll realize you've seen it before. For example, many men wear long-toed, pointy shoes these days. This style is actually quite old. During the 1300s, "winkle pickers" were a common men's shoe. "Winkles," or snails, were a popular snack back then. They were eaten by picking them out of their shells with a pointed object. Winkle pickers were fashionable in the 1950s and became so again recently.

ACTUAL LISTENING 2

 Track 50  01:00

- M How do clothing designers show the world their new creations? They hold a fashion show! Fashion shows have been around for a long time. The first fashion show in the US was at a New York store in 1903. Models wore clothing made by designers, helping to make the styles popular. For a while, shows were usually held in appropriate hotels and department stores. Today, fashion shows can be held anywhere, but the biggest ones are in New York, London, Milan, and Paris. Designers from all over the world come to show off their creations, hoping to be the one to start the next big trend.

ACTUAL LISTENING 3

 Track 51  01:06

- B I didn't realize you wore uniforms at your school.

- G Yeah, I hate it. I wish I could wear my own clothes.
- B Isn't it easier to wear a uniform? You never have to think about what to wear every day.
- G No way! I would rather be free to express myself through my clothes. My classmates and I all look the same!
- B Students should focus on education not fashion. Different clothes are distracting.
- G Maybe some kids might wear things that the teachers don't like, but I wouldn't.
- B At least you save money on clothes, right?
- G Actually, our uniforms are pretty expensive.

ACTUAL LISTENING 4

 Track 52  01:06

- W Do you ever swap clothes with your friends or family members? Would you like to change your wardrobe but can't afford new clothes? Do you have some things in your closet that are still in good shape, but you don't want to wear them anymore? If you answered "yes" to any of these questions, you might want to consider visiting a clothing exchange website. These websites allow you to swap gently used clothing, jewelry, and other accessories with other people for free! This is a good way to save money, change your wardrobe, and meet new people. It's also good for the environment, too!

ACTUAL LISTENING 5

 Track 53  00:55

- W Nice jeans! I thought your old pair was outdated.
- M Thanks. I bought them at the mall.
- W Who did you go shopping with?
- M Um, just someone I know. She has good taste.
- W Do you have a personal fashion advisor or something?
- M Sort of. She knows more about clothes than me.

- W What's her name? I could use some fashion advice.
- M I, uh . . . actually, it's my mom. I didn't want to admit that my mom helps me pick out clothes.
- W Don't be embarrassed. My mom and I shop for clothes together all the time. We like swapping fashion advice.

UNIT

06

Vacations

WARM-UP C

1  Track 54  00:34

- M Where do you think the best place to snorkel is?
- W The best place is Thailand. The ocean is teeming with fish.
- M I'll have to check out how much it costs to fly there.

2  Track 55  00:21

- W How many people did you invite to the Earth Day party?
- M I sent emails to about 20 people. I say the more, the merrier.
- W Saturday should be sunny. We can take advantage of your backyard.

BUILD-UP A

 Track 56  03:01

- M Are you reading about Italy for your trip? Which landmarks does that book suggest?
- W This one says the Coliseum in Rome is a must-see.
- M Yes, it wouldn't be a trip to Rome without visiting that . . . but that doesn't even scratch the surface.
- W What else do you suggest?
- M Be sure to visit some of the ancient churches and museums. You can't beat those places for taking pictures.

- W** This book also says that there are wine and chocolate festivals all over Italy in October. They even have a mushroom festival.
- M** I don't know about mushrooms, but Italian chocolate is outstanding. I hope you have a fun time.

BUILD-UP B

- 1 Who is planning to travel to Italy?
 (A) The man
 (B) The woman
 (C) Both the man and the woman
 (D) Neither the man nor the woman
- 2 Which does the man NOT suggest doing?
 (A) Seeing the Coliseum
 (B) Visiting museums
 (C) Trying Italian foods
 (D) Watching a gladiator show
- 3 Which does the man recommend?
 (A) Chocolate
 (B) Pizza
 (C) Mushrooms
 (D) Wine

LISTENING TASKS A

 Track 57  01:10

- M** There's an Oktoberfest next weekend. Do you want to go?
- W** We're going to Germany?
- M** No. Actually, it's right here in town.
- W** I'm disappointed. I thought you were surprising me.
- M** Sorry. But the festival downtown sounds like it will be outstanding. They are promising lots of delicious German food and beverages.
- W** Now that does sound tempting!
- M** I'm sure it will be fun.
- W** I wonder if they'll have any shows or performances.
- M** Probably. They are also giving away a

seven-day trip for two to Berlin.

- W** I might get my surprise after all!

LISTENING TASKS B

 Track 58  01:19

- W** The annual International Buskers' Festival is a popular tourist attraction in Canada. The Buskers' Festival attracts street performers and spectators from around the world. For two weeks, the streets are filled with street performers or buskers. These performers do everything from juggling acts to magic shows. All of the performances are free. Spectators give money to the buskers that they like. The more outstanding the performance, the more money the busker usually earns. Additionally, the opportunity to win cash sounds tempting to many of the performers. Every year the audience votes for the best busker. The winner receives a cash prize.

ACTUAL LISTENING 1

 Track 59  01:17

- M** I'm going to take advantage of our Spring Break holiday to visit England. Have you ever traveled Fly Away Airline?
- W** As a matter of fact, I have.
- M** How was it?
- W** The ticket price was outstanding . . . very inexpensive.
- M** Yes, the price listed in this travel brochure is very tempting.
- W** They also have a great food and beverage service.
- M** This says that the flight is about twelve hours.
- W** Yeah. Usually Fly Away flights have a couple of stops. They are not direct. You might want to check out Airtrain Airline. In addition to low prices and good food, they have direct flights. So the flight time is only about five-and-a-half hours.
- M** That beats a twelve-hour flight!

ACTUAL LISTENING 2

🎧 Track 60 ⌚ 01:08

M Every December, the main city park in Boston is teeming with people ready to watch the lighting of eighty Christmas trees. All of the trees are beautiful. However, there is one that stands out. That is the tree donated by Halifax. Halifax is a city in Nova Scotia, Canada. The city sends the tree to thank Boston for its help in the past. In 1917, there was a huge explosion in Halifax. The explosion destroyed much of the city. Thousands of people were killed. Boston sent a train load of supplies to help Halifax. The annual Christmas tree doesn't even scratch the surface in expressing the gratitude felt by the people of Halifax.

ACTUAL LISTENING 3

🎧 Track 61 ⌚ 00:58

W While you are in Rome this summer, I found something fun to do.
M What's that?
W This travel brochure is advertising a gladiator school.
M Gladiator school? You must be joking.
W I'm not. It's all right here. Listen to this. The instructor teaches you how to use the same weapons that the ancient gladiators fought with. Instruction is at the landmark Appian Way in Rome.
M That sounds outstanding! Hey, why don't you come along? We can study together!
W I don't know if they allow girls in the gladiator school.
M I'm sure they do. After all: The more gladiators, the better the battles.

ACTUAL LISTENING 4

🎧 Track 62 ⌚ 00:59

M Every August from the first to the seventh, hundreds of thousands of people visit Aomori, Japan. This is the week of the

Aomori Nebuta Festival. People come to see the outstanding Nebuta floats. All of the floats are built by the residents of Aomori. They are covered with beautifully colored Japanese paper. Hundreds of small lights are hung inside each float. During the festival, the lights are lit, and the floats are pulled through the streets. People dressed in traditional Nebuta costumes play songs on flutes and drums. Spectators are also encouraged to join in the street dancing as the parade passes along the street.

ACTUAL LISTENING 5

🎧 Track 63 ⌚ 00:59

W Guess what? I'm going to Mexico for the Day of the Dead celebration!
M What is that?
W It's like Halloween in Mexico.
M When do you leave?
W I will probably leave on Thursday night.
M What are you going to do there?
W I'm going to sightsee. But I also want to take advantage of the warm weather there. I want to go to the beach. The sea is teeming with fish. I plan on doing some snorkeling.
M So you can't be going to Mexico City.
W No, I'm going to Cancun.
M There are some ancient pyramids near there. They are well-known landmarks.
W I'll rent a car and go see them. Thanks for the advice!

Review 2

Dialog

🎧 Track 64 ⌚ 02:26

M How would you like to go on vacation with us? We are going to snorkel in Costa Rica.
W That sounds incredibly tempting! When are you planning to leave?

- M** We are going to take advantage of the lower prices during the off-season and travel during the first week of February.
- W** Oh, I wish I could accompany you, but that week won't work for me. I am planning to move out of my office that week. My co-worker and I are going to swap rooms.
- M** May I ask why you are switching offices?
- W** Well, we are trading offices because the noise by my office is distracting me, but she says it won't bother her at all.
- M** It is too bad that you can't come to Costa Rica with us. I know how much you enjoy nature. The ocean is teeming with fish, and there are some macaws in Costa Rica that have gigantic beaks. Would it be possible for you to come with us if we went later in the month?
- W** Definitely! You can count on it!
- M** Then let's plan to take our vacation during the last week of February. We'll travel to some famous landmarks and go snorkeling, hiking, and bird-watching.
- W** This vacation is going to be outstanding. I know I will remember it as long as I live!

Descriptive English

 Track 65  01:23

- W** I am going to a banquet tomorrow night, and I need to dress appropriately. What do you think of this skirt?
- M** It is very colorful, but perhaps a bit too long. Maybe you should hem it.
- W** Or perhaps I should choose something else. My sister mentioned that I could help myself to anything in her wardrobe. How about that one there?
- M** I don't think so. That's a bit too neutral. Isn't your sister much older than you? You don't want to wear clothing that looks outdated.
- W** This is true, but fashion is circular. The more things change, the more they stay the same.
- M** Well, you have a good sense of fashion, which is a trait I've always admired in you.

I think flowers also bring out your feminine character. Are they roses?

- W** They look like roses, but they could be cherry blossoms. I think if I mix-and-match this skirt with something else, my outfit will be complete.

Statistical Information

 Track 66  01:13

- W** What do you want to do tonight?
- M** Let's just invite some friends over to watch *Gladiator*.
- W** That movie? Again? I don't want to see it again for as long as I live!
- M** It's an outstanding movie! It brought in over 30 million dollars during its opening weekend, but that amount barely scratched the surface. The movie went on to make 1 billion dollars.
- W** But other movies have done much better than that. I know the movie *Avatar* made around 3 billion dollars, and *Titanic* 2 billion.
- M** They sure are landmark movies.
- W** Yeah, and look, according to this website, even *The Lord of the Rings* made a little more than *Gladiator*.
- M** That's an outdated movie! Russell Crowe in the Coliseum with all those spectators . . .
- W** Hey, let's take a vote on what we watch.

UNIT 07 Work

WARM-UP C

1  Track 67  00:34

- W** I'm exhausted. My boss seems to believe in fifteen-hour workdays.
- M** Maybe you should quit.
- W** I'm longing to find a new job. I just don't have time to look for one!

2 🎧 Track 68 ⌚ 00:14

M I am going to telecommute in my new job. I'm really excited.

W What's so great about telecommuting?

M Where do I begin?

BUILD-UP A

🎧 Track 69 ⌚ 02:34

M I hope that the company gives me permission to telecommute next year.

W That would be great. There's no reason you should have to spend time there.

M Yeah, my boss is pretty annoying, too.

W What does he do?

M First, my boss is always cranky on Mondays. He is horrible to everyone.

W That's hard to take every Monday morning.

M Then, an hour later he's as nice as can be. He expects me to chit-chat with him over coffee.

W It's difficult to say no to the boss.

M That's exactly why I'm longing to work from home.

BUILD-UP B

1 Who wants to telecommute?

- (A) The boss
- (B) The woman
- (C) The man
- (D) Everyone

2 How does the man's boss make the man feel?

- (A) Cranky
- (B) Jealous
- (C) Annoyed
- (D) Happy

3 What is the woman's reaction to the man's complaints?

- (A) She is angry.
- (B) She is happy.

(C) She is sad.

(D) She is understanding.

LISTENING TASKS A

🎧 Track 70 ⌚ 01:08

W In Japanese companies, the team is more important than the individual. Accomplishments are the result of a group effort. All successes are shared by the group. Individuals are willing to do almost anything if it helps their team succeed. This might include singing the corporate song at company events. Or it might mean not taking all of their vacation days. Of course, great team players are generously rewarded. Rewards may include large bonuses, paid housing, and fitness club memberships.

LISTENING TASKS B

🎧 Track 71 ⌚ 01:02

W I'm glad I ran into you. Can we have a quick chit-chat?

M Sure. Let me just be sure that the boss is out of earshot. You know what he thinks of employees chatting on company time.

W I think we can talk in here. The conference room is empty.

M What's up?

W Well, I've been offered this great new job.

M A promotion?

W No. I'd be working for another company. The pay is a little less, but there's more opportunity to advance. I don't know what to do.

M Money or opportunity . . . hmm.

ACTUAL LISTENING 1

🎧 Track 72 ⌚ 00:48

W Good morning, Jim. You're in the office early. Wait. Why are you packing?

M Well, I talked with Mr. Stewart last week. I convinced him to let me work from home.

W That's fantastic!

- M Today, I'm heading home to set up my home office.
- W I can't believe this. The change is so sudden.
- M Not really. I've heard about a few other employees here who telecommute now.
- W Be sure to give me your phone number before you go.

ACTUAL LISTENING 2

 Track 73  00:50

- M There is a stereotype about entrepreneurs. Most people imagine them as young, white men in their 20s. They imagine people who have great new ideas or who spend all their time on computers. But research shows that this stereotype is not true. The majority of entrepreneurs in the US are actually in their 40s. They are longing to succeed before they get too old. These men and women also have children. So, the next time you see a new business that has opened, it is probably owned by one of these older entrepreneurs.

ACTUAL LISTENING 3

 Track 74  00:48

- M Good morning, honey. How do I look?
- W I love that new tie!
- M I'm really nervous about today.
- W Jim will understand. He's been your friend a lot longer than he's been your boss.
- M He's known that I have wanted to be my own boss for a long time.
- W Yes, and your business has grown so quickly.
- M Plus, we agreed that today is the day.
- W You look fantastic! Go and give Jim the news. In two weeks, you will be your own boss.
- M Now I'm nervous and excited!

ACTUAL LISTENING 4

 Track 75  00:53

- M Jean? You're home? I thought you'd be at the office.

- W Hello, Ken. How are you? From now on, I'll be here on Tuesdays and Thursdays.
- M That's wonderful. How did you get the office to let you stay home on Tuesdays and Thursdays?
- W I convinced my boss to let me work here two days a week.
- M Good for you! I'm jealous.
- W My stress level has gone down at least 30 percent. I am much more relaxed after only a couple of weeks.
- M And your work?
- W Speaking of that, we'll have to chit-chat later. I really must get back to it.

ACTUAL LISTENING 5

 Track 76  01:11

- W Most countries have laws designed to protect workers against discrimination. For example, employers in America cannot discriminate against employees because of age, gender, race, disability, or religious beliefs. However, discrimination still happens. Statistics report that each year 20 percent of discrimination law suits are due to disability discrimination. These include discrimination against people with physical or mental disabilities. About 12 percent of lawsuits are due to race. In other law suits, 10 percent are due to age, and 9 percent are due to gender. Only 3 percent of discrimination law suits are due to religious beliefs.

UNIT 08 Sports

WARM-UP C

1  Track 77  00:30

- W That is a beautiful model of an eagle.
- M The sign says it is life-sized.

- W I didn't realize eagles were so big!
- 2 Track 78 00:18
- M The sign says that scalping tickets is forbidden on the premises.
- W Oh, man! I wanted to sell my tickets today!
- M You should have advertised them on the Internet instead.

BUILD-UP A

Track 79 03:08

- W So, which team do you think will win the college basketball championship this year?
- M Well, not my favorite team! They were heavily sanctioned for recruiting violations.
- W How does that affect their performance?
- M It hurts their motivation. They are not even allowed to compete in a playoff game, no matter how well they play. They also lost some scholarships.
- W That's really too bad. Do you think the coach knew about the violations?
- M Actually, he did know. That's why he resigned. Now he is getting even better pay at a new school.
- W Someone should put some sanctions on him!

BUILD-UP B

- 1 Why is the man upset?
- (A) His favorite team was sanctioned.
 (B) His favorite coach quit.
 (C) His favorite team lost.
 (D) His favorite team is bad this year.
- 2 What was one effect of the sanctions?
- (A) The team can't win any games.
 (B) The team can't recruit anymore.
 (C) The team can't compete in the playoffs.
 (D) The team can't hire a new coach.

- 3 What does the man think is true?
- (A) The coach did not know about the violations.
 (B) The coach knew about the violations.
 (C) The school will recruit the man to coach.
 (D) The team will win the playoff game.

LISTENING TASKS A

Track 80 01:02

- W I wish we could get tickets to the big game tonight.
- M Maybe we can get some if you have the money and are willing to take the risk.
- W What do you mean? Isn't the game sold out?
- M We can go to the stadium and see if anyone is scalping tickets.
- W Isn't scalping illegal?
- M It is only illegal in some cities, and only if you are trying to resell the tickets on the premises of the event.
- W You know, I don't think I want tickets after all. Let's catch the game on my cousin's big screen TV.

LISTENING TASKS B

Track 81 01:00

- B Do you want to see something cool? Check out this life-sized poster of my favorite athlete.
- G Wow! It's really big, but I wouldn't want that poster in my room. He is not a good role model anymore.
- B Why not?
- G Didn't you hear? Your favorite athlete has been accused of taking drugs to enhance his game performance. Not only that, but he also lied about it in court.
- B No, I didn't hear about that! I think I'll take this poster down.

ACTUAL LISTENING 1

Track 82 01:05

- W Why is that guy on every magazine cover? I see his face everywhere!

- M It is because he is a famous soccer player. You should see his ball-handling skills.
- W Really? He is that famous just because he can kick, pass, and dribble a ball around?
- M It's true. Some athletes are very famous because they are so talented. Some are more famous than movie stars.
- W Huh. I'm not impressed. Don't forget that some famous athletes become infamous because of their off-field behavior!
- M I guess that's true for movie stars as well. They can go from famous to infamous really quickly.

ACTUAL LISTENING 2

🎧 Track 83 ⌚ 00:46

- M There are many rules that colleges and athletes must follow when it comes to recruiting new players. Schools must not give recruits money or gifts. They also cannot make promises of such items. If the recruiters break any rules, they hurt the athletes and the schools. They also make the schools look bad to the fans. Violations of the rules can bring sanctions against the team. The team might not even be able to get funding or play in any championship games.

ACTUAL LISTENING 3

🎧 Track 84 ⌚ 01:05

- W Drugs are a problem in some sports. Some athletes take drugs that help them become stronger. One kind of drug commonly used is man-made steroids. These drugs are different from natural steroids, which are used in medicine. Man-made steroids help muscles grow stronger very quickly. Such drugs give athletes unfair advantages over other players. For this reason, the drugs are banned in most sports. Not only are they bad for the game, but they are also bad for the athletes. Man-made steroids can have serious, negative effects on an athlete's health.

ACTUAL LISTENING 4

🎧 Track 85 ⌚ 00:59

- M Imagine one sports team has a lot of money. Also imagine another team does not. This can create an imbalance when the two teams start to recruit players. In the past, the richest teams were able to pay the most money. Therefore, they were able to hire the best athletes. Today, rules try to limit the amount of money spent on players' salaries. These rules try to create more equality among teams. The rules also help teams recruit more equally and compete more fairly. Some sports organizations in the US with such rules in place include Major League Soccer and the National Hockey League.

ACTUAL LISTENING 5

🎧 Track 86 ⌚ 01:02



- W The number of people paying to watch indoor soccer games has been going down over the years. Last year, the city league generated less revenue than ever. Only 3,500 fans came out to watch games over the past year. Compared to four years ago, that is 1,000 fewer fans paying to see games. Actually, the number of fans grew to almost 5,000 two years ago, but then the numbers began to drop again. If this trend continues, the league may have to move to another city where more fans support the sport. That would certainly be a shame.

UNIT 09 Communication

WARM-UP C

1 🎧 Track 87 ⌚ 00:37

- M Take a look at this new phone system, and tell me what you think.

- W I tested that one. It's not suitable for us. It's prone to noise.
- M But this is not the same model you evaluated last year. It's a new one.
- 2  Track 88  00:22
- W I'll pay you double what you're making now if you come work for me.
- M That's an interesting proposition. I'll have to think about it.
- W Well, don't think too long. I need to fill this position as soon as possible.

BUILD-UP A

 Track 89  02:44

- W Hey, Paul, what are you doing?
- M I'm setting up this new inter-office phone system. Mr. Thompson wants me to evaluate it for this building before we use it in all our offices.
- W I don't think he made a good choice. That brand is prone to failure.
- M That's what I told him, but he is in a hurry to get this system operational.
- W The biggest problem that I found with these phones is that their cradle is very fragile.
- M Yeah, I've heard about that problem.
- W Just one little bump, and it doesn't work anymore.

BUILD-UP B

- 1 What is the man doing?
 (A) He's calling his boss.
 (B) He's talking to his boss.
 (C) He's setting up a phone system.
 (D) He's leaving the office.
- 2 What does the woman tell the man about the phone system?
 (A) It is prone to failure.
 (B) It costs too much.
 (C) It will not work in their office.
 (D) It is an excellent system.
- 3 What is the problem with the cradle?
 (A) It is too small.
 (B) It is fragile.
 (C) It has too many buttons.
 (D) It is much too big.

LISTENING TASKS A

 Track 90  01:03

- W Mark, have you been in touch with Helen lately?
- M Sure. We correspond weekly.
- W Oh, how nice! I forget to write people—even the small cluster of friends that grew up with me.
- M Not me. I never forget to write to my good friends.
- W What's Helen's email address?
- M Email address? I don't know.
- W I thought you said you wrote to her every week.
- M I do, but I write letters.
- W Letters? With pen and paper? Do people still communicate that way? How old fashioned!

LISTENING TASKS B

 Track 91  01:16

- W Communication is a process where two people transfer some kind of information. Using speech, of course, is an easy example to think of, but it is not the only method. People also use songs or the tone of their voices to communicate. Non-verbal communication helps to strengthen our message and eliminate the possibility of any misunderstanding. This type of communication can include body language, touch, eye contact, and writing. Sometimes, it is used when words cannot describe how we feel. Laughter and tears are also types of non-verbal communication.

ACTUAL LISTENING 1

🎧 Track 92 ⌚ 01:00

M Imagine a cluster of people standing around talking with each other. You cannot hear what they are saying. Then, it dawns on you that you can understand a lot! How? The woman moving her head is accepting her friend's proposition. The man with his hands on his hips is showing that he is bored. The woman scratching her head is showing confusion. These actions are just some of the ways that we use body language in non-verbal communication. We all know how to use body language, and we all know how to understand its meaning.

ACTUAL LISTENING 2

🎧 Track 93 ⌚ 01:06

M Honey, I don't know if I'm ready for that dinner tomorrow night.

W Don't worry, dear. I'm sure we'll have a wonderful time.

M But I don't speak a word of their language.

W Well, we still have a whole day to learn a few words. That phrase book we bought will come in handy.

M But what if I do something stupid that insults our hosts? You know how prone I am to doing stupid things.

W Dear, it's impossible to avoid making mistakes. And they seem like such nice people. I don't think they will feel insulted.

M Well, I guess if I take my time and don't hurry, everything will be all right.

W I'm not worried about you, dear. You'll do fine.

ACTUAL LISTENING 3

🎧 Track 94 ⌚ 01:06

W For thousands of years, man could only communicate through speech and body language. Then, people began writing things. Writing was the only way to send information over long distances for almost

5,000 years. In 1831, the first electric telegraph was invented. That was followed by a cluster of inventions: the telephone in 1876, the radio in 1902, and the television in 1923. All these inventions came in handy for quick and easy communication. But these days, thanks to email, we are back to where we started: We are writing again.

ACTUAL LISTENING 4

🎧 Track 95 ⌚ 00:59

W Look. Isn't that cute? Your dog is talking to us.

M Now I know you've lost your mind. Snuffy is prone to barking a lot, but he certainly can't talk.

W If I can prove that Snuffy can talk to us, you have to buy me dinner.

M OK. It's a deal.

W Watch when I bite into this apple. He's staring at me while licking his lips and moving his tail back and forth. He's telling me he wants a bite of this apple.

M That's not talking.

W Sure it is. It's just talking with body language. People do it. Dogs do it.

M It never dawned on me that dogs could talk. I guess you win. Where shall we go for dinner?

ACTUAL LISTENING 5

🎧 Track 96 ⌚ 01:09

M These days, it is likely that you will have to communicate with someone from another culture. Intercultural communication can, at times, be very fragile. Here is some advice to help you prepare for problems you may have. First, find out as much as you can about the culture in advance. Next, don't be afraid to ask questions if you don't understand something. Also, don't be in a hurry in your communications. That will help you make fewer errors. Finally, learn at least a few words of the other person's language. Even if you do all these things, you won't eliminate all communication problems.

However, the suggestions I've made may help you have fewer problems.

Review 3

Dialog

 Track 97  02:17

- M** I have a proposition for you. Would you be willing to go to the hockey playoff game with me tomorrow if I go to the dance with you tonight?
- W** I'm not certain. How much are the tickets? I don't have a lot of money. I just have around ten bucks.
- M** They are very expensive, but that's because the team is trying to generate revenue. You don't have to be in a hurry to pay me. I can pay for the tickets, and you can pay me back later.
- W** Well, you aren't exactly longing to go to the dance with me. I know you don't like to dance because you are prone to tripping and falling. I guess I will go with you to the hockey game if you go with me to the dance.
- M** That's terrific! I'll keep in touch with you about what time I will pick you up.
- W** Aren't most hockey players stupid and violent?
- M** Don't be so cranky. That is just a stereotype. You shouldn't discriminate against hockey players based on rumors. Although some are infamous for their fights, most are outstanding men.
- W** I'll believe you if you say so. I will see you tomorrow, then!

Descriptive English

 Track 98  01:40

- M** Would you like to go have coffee with me? I know you don't have to go to work.
- W** Actually, I do have to work, but I don't have to go anywhere. I'm an entrepreneur. I started

my own business from my home, so I work on the premises.

- M** I am jealous! I've always wanted to start my own business. How did you decide to do that?
- W** I asked my boss if I could telecommute, but he said no. That's when it dawned on me that I should quit.
- M** Isn't it hard to work from home?
- W** It can be difficult. For example, to be productive, I need to work in a very quiet area. I don't like to be in a space that is within earshot of the TV or anything else that is noisy. I like to work in a comfortable room where I can chit-chat with my clients.
- M** I can see that an office in your home might come in handy. Do you think you might be hiring?
- W** Well, I was planning to recruit some co-workers. If you are interested, I could evaluate your resumé.
- M** Thank you!

Statistical Information

 Track 99  01:39

- W** Why is there a cluster of people over there in the park?
- M** Didn't you hear? That life-sized sculpture of the football team coach is being removed.
- W** Why is it being removed? I thought he was a role model for all students.
- M** He may have been a role model before, but now he is infamous. The coach was in violation of several rules and regulations. He was also accused of scalping tickets illegally to generate more revenue.
- W** That's terrible! Did he resign?
- M** No. He said no matter how much pressure there was, he would not quit. However, he was willing to accept a 20 percent cut in his salary, and the football club is being sanctioned by losing 30 percent of their scholarship funds. The club also has to pay a fine of about half their annual profit to the Football League.

- W Hmm, they always won the playoffs because they had more money to buy better players.
- M Right. Their matches were always sold out. It must be hard for the players.
- W Maybe, but bad behavior shouldn't be rewarded.

UNIT 10 Technology

WARM-UP C

- 1 Track 100 00:33
- M I heard that they just took a new poll. Harris has more votes.
- W Don't just go by that. Polls are subject to errors.
- M You're right. We'll have to wait and see.
- 2 Track 101 00:19
- W I love this song. The lyrics are fantastic.
- M Yes, they are. And the instruments are great, too.
- W Yeah. But it's the words of the song that stand out most for me.

BUILD-UP A

- Track 102 03:07
- M I love this song, but I can never make out the lyrics.
- W Just a minute . . . here you go.
- M How'd you get the lyrics to appear on the screen?
- W It's a new application I just found. It's called MoonWiki.
- M MoonWiki. And it works on your phone?
- W Yeah, it works on lots of computers. It will even work on your new phone.
- M Wow! What else can it do?
- W It delivers streaming music, video, and radio. Plus, it stores songs and can translate them into 40 languages!

- M Seriously? So we could get the lyrics for "We Will Rock You" in Chinese?
- W Let's see . . . yep, here we go.

BUILD-UP B

- 1 What problem does the man have with the song?
- (A) He doesn't like the music.
(B) He can't see the screen.
(C) He can't hear the guitar.
(D) He can't understand the words.
- 2 What are the man and the woman doing?
- (A) Listening to music
(B) Calling a radio station
(C) Writing a song
(D) Attending a concert
- 3 Which is NOT true about MoonWiki?
- (A) It can translate song lyrics.
(B) It is a type of mobile phone.
(C) It delivers streaming radio.
(D) It can store songs.

LISTENING TASKS A

- Track 103 01:00
- W Can I help you?
- M Yes, I'm looking for a flat-screen TV, but I'm not sure what kind.
- W The two most popular are plasma and LCD.
- M Um, what's the difference?
- W Plasma screens display colors better, but LCDs are great if you also want to use it with your computer.
- M Which one's better?
- W Both have pros and cons. Plasma screens are a little cheaper, but LCDs last longer.

LISTENING TASKS B

- Track 104 01:17
- W Does technology make life easier? There are

pros and cons. One of technology's greatest pros is that it speeds up communication. Email is faster than sending letters through the mail. Cell phones allow you to reach people instantly. In the old days, you sometimes had to leave a message at a person's home or office and wait. On the other hand, technology actually makes us see people less often. Talking to someone face-to-face is still good at times. Another problem is that technology changes quickly. Just as you get used to one thing, something new comes along.

ACTUAL LISTENING 1

 Track 105  01:04

M What should we do with our used electronics? If you have computers or other electronics that can be reused, it's best to donate them. This extends the amount of time people can use them. If your computer can't be reused, then it should be recycled. US recyclers recover more than 100 million pounds of materials from electronics each year. Recycling electronics helps reduce pollution. How? Companies can produce fewer new products. Making new things generates pollution. Recycling also reduces the energy required to produce new products.

ACTUAL LISTENING 2

 Track 106  01:02

M Let's see. I've got my ticket, suitcase, carry-on bag . . .

W Hey, that's a weird-looking passport. Mine doesn't look like that.

M It's a new passport.

W Oh, I heard about those. Don't they have lots of ways to identify you?

M Yeah. It can recognize my fingerprint, my face, and a part of my eye. There's a chip in my passport that holds that information.

W I see. But how do security workers know it's you when they scan the chip?

M They compare my chip with information stored in their computer systems. Every country accesses the same data, so these passports can overcome language and cultural barriers.

ACTUAL LISTENING 3

 Track 107  01:07

M There are two types of electronic voting systems. In one, people cast their votes on paper. Then, the votes are counted by a computer. Some people like paper ballots because they can hold and touch them. But paper ballots can still be subject to errors if the computer reads them incorrectly. In the other system, the Direct Electronic System, voters cast their votes on a machine. Citizens punch buttons or use a touch screen to record their votes. Then, the votes are stored on a disc or other memory device. With either system, however, election officials have to transport the votes—whether paper ballots or memory devices—to a centralized location to be counted.

ACTUAL LISTENING 4

 Track 108  00:58

M I'm going to get a tall latte. What do you want?

W Just a minute. I have to check in.

M Check in?

W Yes. It's an application on my cell phone. I punch in a code, and GPS sensors recognize my location.

M OK. But why check in every time you go somewhere?

W Businesses reward you for it. If I get the most check-ins this month, I become mayor of this place next month.

M Your honor!

W That's right. Mayors get discounts, gift certificates, and a chance to enter the drawing for a grand prize of \$10,000.

ACTUAL LISTENING 5

🎧 Track 109 ⌚ 01:04

- M** Can brain waves steer a wheelchair? Indeed, they can! Scientists have developed a system that is the fastest in the world at analyzing brain waves. A person in a wheelchair can wear a cap that can read brain signals. The signals are scanned by a device on the wheelchair. Then, the data is analyzed by a computer program. The new system allows the person in the wheelchair to turn left, right, or go forward almost instantly. Coming to a stop is a little trickier. The person in the wheelchair must puff up a cheek. This is picked up by a detector worn on the person's face.

UNIT

11

School

WARM-UP C

1 🎧 Track 110 ⌚ 00:28

- B** What are you doing this weekend?
G I am going to apply to college.
B Good luck!

2 🎧 Track 111 ⌚ 00:14

- B** I've been accepted at a top university!
G What are you going to major in?
B I am going to study engineering.

BUILD-UP A

🎧 Track 112 ⌚ 03:09

- B** Have you studied for your university exams yet?
G Not yet. I will do it later.
B You should study now. It's best not to put it off.
G I have to do it later when I get home. My parents want to help me study.

- B** It is good that your parents want to help you.
G They want me to get into a top university. I am going to major in pre-medicine.
B Good luck! I hope you make them proud.
G I am going to try my hardest.
B If you study hard, you will succeed. I'm sure you will score highly on your exams!
G Thank you! It's a lot of pressure.
B Yeah, I know. My parents want me to major in pre-law.

BUILD-UP B

- 1 Why are the girl's parents helping her study?
(A) They love her.
(B) They want her to get into a top university.
(C) They are mad at her.
(D) She gets poor grades.
- 2 What does the girl want to major in?
(A) Business
(B) Pre-medicine
(C) Engineering
(D) Pre-law
- 3 What does the boy think the girl needs to succeed?
(A) To study hard
(B) To be under pressure
(C) To be lucky
(D) To be smart parents



LISTENING TASKS A

🎧 Track 113 ⌚ 01:08

- G** I am going to apply to college tomorrow! I am nervous.
B Why are you nervous?
G I am worried I will not be accepted.
B You are a good student with excellent scores. I am sure you will be accepted.



- G The application is long, and I have to write an essay.
- B If you want some help, I will look at your essay when you are finished.
- G That would be great! I will bring it to your house tonight.
- B I will read it over and give you suggestions for improvement. I'm sure you will do a great job.
- G Thank you for your help!

LISTENING TASKS B

 Track 114  01:13

- G Do you want to come to a movie with us tonight?
- B I really wish I could, but it's impossible. My parents won't let me.
- G Why won't they let you?
- B I didn't take my last exam seriously, and I received poor marks on it.
- G You did? What did you do wrong?
- B I did not study hard enough.
- G That wasn't very smart of you.
- B My parents were quite angry, and now they've hired a tutor for me. I can't go out with my friends until my scores improve.
- G Oh, I'm sorry.
- B Now I have to spend Friday nights with my tutor instead of my friends.
- G I guess you should have studied harder!
- B Next time, I will!



ACTUAL LISTENING 1

 Track 115  01:05

- B Which university are you applying to?
- G I am not sure. I am going to visit my favorite schools and see which ones I like best.
- B What are you looking for in a university?
- G I want to go to a top university that has strong academics. I am going to major in business, so it has to have a good business program.
- B What else do you want?



- G I would like the campus to be attractive and the people to be friendly.
- B What about sports?
- G I would also like the university to have a strong athletic program.
- B Good luck. I hope you find the perfect university.
- G Thanks!

ACTUAL LISTENING 2

 Track 116  01:06

- W There are many parts to a college application. One part is usually an essay. Most colleges want you to write at least one long essay. You might even have to write more than one. This is how they get to know you. Write about your awards and what makes you special. Include your goals for the future. Some colleges also want to know if you have work experience. Write about volunteer work as well. Finally, write about your hobbies. You may include sports or clubs. Good grades are important, but colleges also like to know that you have other interests and talents.

ACTUAL LISTENING 3

 Track 117  01:02

- M Everyone learns in different ways. Some people learn best when they study alone. Other people like to study with friends. Still others perform best when they are helped by a tutor. Some people prefer to study with loud music, while other people need a quiet area, such as a library. The amount of studying can vary also. Many people like to study a little bit each day. Others do well when they cram, which means to study for a long time right before an exam. Each person has to find his or her own best way to study. Once you find that way, you can use it to succeed.

ACTUAL LISTENING 4

🎧 Track 118 ⌚ 01:02

W Choosing a university can be hard. It's important to find the one that is right for you. Some universities focus only on the fine arts. Others have good athletic programs. These schools are best for students who like sports. Top universities usually want very smart students. They only accept students who have strong grades and want to study hard. Learn about each university before you apply. Visit the schools to see if you like them. Ask to meet and talk to the students. Then, choose your favorite three or four universities and apply to them.

ACTUAL LISTENING 5

🎧 Track 119 ⌚ 01:05

M Some colleges are expensive, while others are not. In the US, a two-year college may only cost \$1,500 per year. A public four-year college averages around \$7,000 per year. Private colleges cost the most. The average tuition at a private college is around \$20,000. The top universities may be as high as \$50,000. Students who want to live on campus have to pay even more. The cost of room and board is usually one-third of the tuition cost. Most students get loans and jobs to help cover the costs. Some also receive scholarships and grants.

UNIT 12 Entertainment

WARM-UP C

1 🎧 Track 120 ⌚ 00:32

- B** I am creating a mixed media project for my book report.
- G** That looks really interesting. What are you using?

B Paper, paint, and beads. It will be beautiful!

2 🎧 Track 121 ⌚ 00:20

- G** I'm going to start graduate school next week!
- B** Congratulations! What are you going to study there?
- G** I am going to study to become a librarian, because I love books and information.

BUILD-UP A

🎧 Track 122 ⌚ 03:12

- W** Would you like to join my book club? We are going to be reading several novels that have won the Newberry Award. They are real page turners.
- M** That sounds right up my alley! I am an avid reader. When and where do you meet?
- W** We gather together every Tuesday evening at seven o'clock. Our goal is to read ten chapters per week.
- M** That is quite a challenge, but you can't beat a good book, so I think it will be no problem. Do you discuss the books at the meetings?
- W** Yes, we talk about plot development, and we share our opinions about where the characters are heading.
- M** Thank you for inviting me. See you on Tuesday!

BUILD-UP B

- 1 What is the man invited to attend?
- (A) A book club meeting
(B) A library
(C) A book store
(D) A writer's meeting
- 2 What does the man think about reading ten chapters per week?
- (A) It will be impossible.
(B) It will be difficult, but he can do it.
(C) He doesn't have the time.
(D) It will be faster reading an ebook.

- 3 What do the people NOT discuss at the book club meetings?
- (A) Newberry Award books
 - (B) The popularity of ebooks
 - (C) Plot development
 - (D) Character development

LISTENING TASKS A

 Track 123  01:15

- M May I help you?
- W Yes, please. I am searching for a cookbook.
- M I can help you with that, ma'am. Cookbooks are located in the non-fiction section, labeled "Health and Nutrition."
- W I prefer a book with color photographs because I like to see what the foods should look like if you follow the recipe correctly.
- M We have plenty of cookbooks with color photographs. However, they are more expensive than books with black and white photographs.
- W The price doesn't matter. I love books and am willing to pay more money to get a high-quality book.
- M Try this one. This is an excellent cookbook, and it has large, full-color photos.
- W That looks right up my alley. Thank you!



LISTENING TASKS B

 Track 124  01:11

- G Our book reports are due in two days, and I still don't know what I am going to do! What are you doing for your presentation?
- B I think I am going to paint a picture. I thought about doing a Power Point presentation, but I decided against it. That's a bit dull.
- G That gives me an idea! Maybe I will create a video for my book report. I think that would work well for my book because the genre of the book is action-adventure. I could make a video for the book that is like a movie trailer.
- B That sounds fabulous and very creative.

I bet you will receive high marks from our teacher!

ACTUAL LISTENING 1

 Track 125  01:05

- B Did you hear about the reading contest? The school librarian just announced it. There is going to be a competition to see which classroom can read the most books during March.
- G What a wonderful idea! Will there be prizes for the winners?
- B The librarian will be hosting a book fair in the library at the end of the month. She will announce the winners during the fair. The librarian said that the prizes will include bookmarks, book lights, and free books.
- G Those are terrific prizes! I am going to head over to the library to check out some books. I can't wait to get started!

ACTUAL LISTENING 2

 Track 126  00:55

- M Book clubs are a way for people to get together and talk about books. In book clubs, everyone reads the same book. Then, they meet and discuss the book. Everyone gets to share their opinion on whether or not they liked the book. Some book clubs read the same type of book over and over again. Other book clubs like to read different types of books each time they meet. Some clubs have a favorite author. Although each book club is different, their members all have one thing in common: They all love to read books.

ACTUAL LISTENING 3

 Track 127  01:05

- W Books are sorted into four large groups. They are fiction, non-fiction, biographies, and reference books. People who like to read for fun usually read fiction books. These made-up stories can be funny or sad.

They can also be exciting, romantic, or mysterious. Sometimes, they are all of these things. Non-fiction books are also fun to read. They usually have a theme. Biographies are the story of a person's life. Reference books contain facts to help you learn. All of these types of books can be written for beginning or advanced readers.

ACTUAL LISTENING 4

🎧 Track 128 ⌚ 01:01

- M** What's that device you're using?
- W** It's one of those ebook readers. I got it for a Christmas present for my son, but I use it more than he does!
- M** Is it easy to read books on those things? The screen looks very small.
- W** You get used to it. Now, I prefer ebooks.
- M** So what are you reading now?
- W** Well, I've just downloaded a book called *Summer in Siberia*. It's an outstanding story with great plot development and interesting characters.
- M** Hmm, sounds interesting.
- W** Did you know that you can now borrow ebooks from the library? You just need to get an ebook reader first.

ACTUAL LISTENING 5

🎧 Track 129 ⌚ 01:08

- M** Reading is beneficial. Most adults who like to read are better educated and smarter than adults who don't read books. They also watch less television than people who don't like to read. More women like to read than men. Sadly, many people do not like to read for fun. Only 20 percent of American families visit a bookstore on a regular basis. Book sales have declined since 2000. Still, smart people know how valuable books are. They also know how entertaining it can be to read a book. The next time you want to give your brain a good workout, pick up and read a good book.

Review 4

Dialog

🎧 Track 130 ⌚ 02:25

- B** Are you coming to the concert on Saturday?
- G** No, I am visiting State University.
- B** Are your parents putting you under pressure to choose a college already?
- G** Not really. I am actually very interested in applying to that college. I think it would be right up my alley.
- B** I've heard it's a top university. Your parents will probably puff up with pride if you get accepted. You will have to study hard for your exams.
- G** Yes, but they have a great library full of resources that will help me succeed. The librarian even started a program to let the students check out ebooks.
- B** That is terrific! It sounds like you've done your research.
- G** I want to make sure I choose the right college. I contacted the university for more information and made a list of pros and cons. The only con is that I think I might major in pre-med, but State University doesn't have the best teaching hospital. I might have to go somewhere else for graduate school.
- B** Well, I'm sorry you can't come with us to the concert, but I hope you have a great time this weekend.
- G** Thank you!

Descriptive English

🎧 Track 131 ⌚ 01:29

- M** I love this song. Have you heard it?
- W** I don't recognize it, but I like the lyrics. It sounds rather sad, though.
- M** I am overcome with emotion every time I hear it. It is sung by two cousins who wrote the song to raise money for homeless families. Every time someone downloads the song, the band donates some of the

profits to organizations that work with the homeless.

- W That's wonderful! It's nice to hear about a group that stands for something meaningful rather than just trying to making money.
- M The duo feels strongly about helping others. Not only that, but they are very talented guitarists. They are a big improvement over those loud, electric guitarists from the old days. They are also up for an award for the band of the year. You can cast your vote through the Internet.
- W Sounds great. I will check that out. They sound like they might be heading to the top of the music scene. Thank you for sharing this song with me.

Statistical Information

 Track 132  01:49

- W My favorite author has a new novel out.
- M She is an excellent novelist, isn't she? Her books are always in the top ten on the bestseller lists.
- W Yeah, they are real page turners. My favorite one is *Orange TV Night*. The main character in that one was awesome.
- M Yeah, I think that one is her second most popular novel. *Kitchen Mystery* is top. Then, I think *Wonder Animal* comes next, and after that it's *Cold Wind*. My favorite, though, is *Green Plant*, but that isn't one of her bestsellers.
- W Wow, you know these books very well. But I think these bestseller lists can be subject to errors.
- M Right, but she certainly has won more awards than any other author in recent times.
- W I wish I could be a writer, but I find writing creatively quite difficult. Unlike you, I didn't major in English literature.
- M That doesn't really matter. What matters is that you read a lot. Then you can get more ideas. Why don't you join my book club for a start?
- W That sounds like a good plan.